

## PhD Vlog Week 1: Abigail Robertson Transcript

TIME	SPEAKER	AUDIO
00:00:04	Abigail Robertson	It's Sunday and I'm just getting ready to go off to a meeting with some people in my group; we're doing a presentation on Arthurian Women. I'm running a little bit late but I'm going to head over there now and I'll update you about what the rest of the week's going to look like when I get back. Good morning, it's just about... Oh about 06:30, it's Monday, I'm sorry I didn't get a chance to update yesterday but things got a little bit crazy, I got home after meeting with group for our project
00:00:34		and just kind of kicked back, did a little preliminary research for our project this week which I'll talk to you more about probably here in a few hours. What I have now is to finish up some Latin before class and then I'm meeting with my Advisor so I'll check in with you after that. Good afternoon, it's about 13:30 right now and I'm back after having a morning of
00:01:04		Latin. So my schedule on Monday's and Friday's is just Latin so I kind of have the rest of the day to do whatever research I need to do which today is some research on the Franks Casket. I'll talk a little bit more about that before I give my presentation but that presentation is going to be on Wednesday so I'm trying to get my stuff together, making myself lists of some things I'm absolutely going to talk about as well as just kind of getting my presentation together. So I have my trusty stack of research
00:01:34		right here and a cup of tea and I'm getting ready to dig in! So I'll touch base with you later this evening and kind of let you know what's on the docket for tomorrow and the rest of the week. Okay I made a mistake! It's been a while since I filmed. Today was crazy! I didn't get a lot of opportunities to pull my camera out and if I did it would have been a lot of just looking at papers. Sorry! What did happen today or should I say what didn't

		happen
00:02:04		today is I didn't have the big presentation that I expected to have. I was supposed to give a presentation on the Franks Casket today, today in my bead class at the seminar but we didn't get to it so I will be doing it next week. I kind of wanted to get it over with because I was a little bit nervous and I just want it to be done and I don't have to think about it anymore but that's not really the way it's played out. But that's okay, it's just going to give me a better chance to be prepared for next week. Honestly not a lot happened today. I just spent a lot of
00:02:34		my time getting that presentation ready and finishing up some readings. Tomorrow is a day of teaching, I teach two classes back to back, and then I have three classes of my own but right now, I am going to go get a cup of tea, kick back, read Twitter, read some blogs and just relax for the evening so I will check back in with you in the morning. Hi, it's just a little bit after 05:00am and I'm getting prepared for my Latin exam so I'm going to do that
00:03:04		and I'll check back in with you probably before I head out but definitely after the exam and let you know how it went. So I've been studying Latin and I'm going to take my exam and the rest of the day is just going to be doing some kind of housekeeping stuff - I like to reserve Monday's and Friday's for that - just so I can start my week off and get a bunch of stuff that I need to be... needs to be done, done and then later in the week I can make sure that if anything's come in, anything I need to respond to, emails I need to answer that aren't urgent or from students, as well as things I need to get
00:03:34		organised for the next week so laying out what my plan is going to be for my class work, I typically do that on Friday. So I will come back to you after the exam, we'll walk through a kind of what my normal Friday routine is in terms of getting things ready for the next

		week but I will see you after the exam. Wish me luck! Okay I'm here camped out under a tree. I just finished my Latin exam and I think it went pretty well. So I guess we'll wait and see
00:04:04		I mean I don't think I got anything ridiculously wrong so that's good but I'm excited to see, you know, how I did. I'm about to catch the bus home over there and then I will check back in with you and let you know my Friday schedule. See you! Finally back home now, I'm in my office. So I thought what I would do with these next couple of minutes is talk to you a little bit about my weekly schedule and how that works. So one of the most important things for me in order to keep my week to week plans
00:04:34		in check is to have a schedule that I can flip to and reference when it comes to time to schedule meetings, trying to figure out when I can get together with students, when I can work on group projects, that sort of thing. So to do that I have a week on one page layout so I can see my entire week and if I need to look at what time I'm in class and I can't remember that off the top of my head, I have something I can take a look at. What I have is a Filofax, I think it's great but really any planner that you think is best will do. So I do put the same schedule in every week
00:05:04		and sometimes I make notes to myself which is what that little note card is. I highlight when I'm in class, I highlight things in different colours - if it's a social event, if it's a group project - and I make notes to myself at top. That card is basically a To Do List for that week for the first week of classes. I found this is really helpful just to make notes and stick them right there in your planner so you're not having to look at something else and also to highlight and block out what times you have things. Also I have a notebook where I kind of map out my days if I have a particularly
00:05:34		busy day and that's awesome because I can just make a small schedule for myself and not

		<p>have to put all of that stuff and try to squeeze it into my week on two pages. So I found this really helpful in just mapping out my time and seeing where it goes. By nature, I'm a procrastinator and I think it's important to acknowledge that so when it comes time to actually get things done, having a schedule like this really helps prevent procrastination and makes sure I'm on top of what my week looks like. It also helps me remember things that might deviate from a normal</p>
00:06:04		<p>week so I'd normally write those along the bottom which you can kind of see there - booking flights for conferences, getting things arranged for any particular time I needed to spend on projects. So I found this set up really, really helpful. Hi, it's Saturday, I'm going to end the Vlog here and real quickly talk about what's in store next week. I'm giving a presentation on the Franks Casket next week so I will walk you through my presentation and talk about how I begin long-term research projects when they end in presentations but right now I'm</p>
00:06:34		<p>going to kick back, my Alma Mater is playing a football game so go Ohio State! And I'm going to do some grading. So I will see you next week. Thanks for tuning in.</p>

**END OF TRANSCRIPT**